

waterfieldsllc.com  
513-729-7539



**WATERFIELDS**  
**2019 CATALOG**



# WE ARE WATERFIELDS

Our country has a deep reliance on California for its produce. 99% of artichokes, 99% of walnuts, 95% of celery, 95% of garlic; spinach, carrots, lettuce...the list goes on. Collectively, our country spends billions of dollars each year transporting produce 2000+ miles across the country. Product shelf-lives go by in the back of a truck instead of the back of a kitchen.

We are here to create change. Waterfields is a fast-growing specialty produce grower dedicated to bringing some of that California business back to America's heartland. Located in Cincinnati, Ohio, our OhioProud farm is less than 500 miles, a day's drive, from half the U.S. population. Our employees, hired from our local community, all earn a living wage. We donate products and our time to every community we touch. That's our mantra as a business: to find ways as a farm to positively impact everyone and everything we come into contact with.

Whether you are in Nashville or located down the road from us in Cincinnati, our commitment to you will always be quality and consistency. Require it and expect it. I don't need to ask you to buy local because it's local. Buy local because it's better. Have a taste for yourself.

*Sam Dunlap*  
Owner/Farmer

# **HYPERFRESH®: LIVING 10"x10" TRAYS**

*Best flavor, texture and shelf life.*



## **MICRO ANISE HYSOP**

Also known as Korean mint, our Micro Anise Hyssop has a gentle anise/sassafras flavor that is reminiscent of rootbeer candy.

**PASTRY • COCKTAILS**



## **MICRO FENNEL**

Striking and graceful feathery leaf adds a visual elegance with a sweet licorice flavor. A more mild flavor than adult fennel.

**PROTEINS • PASTRY**



## **GARBANZO SHOOTS**

A larger shoot-type green that offers an initial citrus flavor followed by a bean and alkaline finish.

**SALADS • PROTEINS**



## **MICRO KALE**

Dark green Toscano kale leaves with light green stems create kale in tiny micro form. Flavor is mild but distinctly earthy.

**SALADS • PROTEINS**



## **MICRO LEMON BALM**

Small, delicate strawberry-esque leaves with a candied lemon and hint of green mint flavor. A classic dessert microgreen.

**HERB BUTTERS • PROTEINS • PASTRY**



## **MICRO MIREPOIX**

A spin on the classic herb combination, our Mirepoix is a premium living blend of lovage, carrot and scallion microgreens.

**SOUPS • SALADS • PROTEINS**



### **MICRO MIZUNA MIX**

This mix of mildly flavored brassicas contains mizuna, cabbage, kale and kohlrabi. A great all-purpose garnish option.

**SALADS • PROTEINS**



### **PETITE MUSTARD MIX**

A larger, petite-sized version of our Spicy Mix. Flavor is wasabi or horseradish like with heat that comes late.

**SALADS • SUSHI • PROTEINS**



### **NASTURTIUM SHOOTS**

The same spicy punch as the traditional large adult leaves but at the petite size of a quarter. Each stem carries two leaves.

**SALADS • SOUPS • PROTEINS**



### **MICRO RED CUMIN SHISO™**

Incredible cumin flavor with subtle notes of cinnamon and clove. Leaves are distinctly purple on top and green underneath.

**SALADS • SUSHI • PROTEINS**



### **MICRO RED VEIN SORREL**

Gorgeous lime green teardrop leaves set off by bold red veins and a tongue-tingling citrus flavor. Plate appearance is striking.

**SALADS • PROTEINS • PASTRY**



### **MICRO SCALLION**

Graceful form with striking onion flavor. The seed pods that remain on top create a playful, yet elegant appearance.

**HERB BUTTERS • SOUPS • PROTEINS**

# HYPERFRESH®: LIVING 10"x10" TRAYS

*Best flavor, texture and shelf life.*



## PETITE SCARLET FRILLS

A frilly, delicate appearance meets a pungently mustard yet sweet flavor. Leaves are dusted dark red.

**SALADS • SUSHI • PROTEINS**



## MICRO UPLAND CRESS

Delicate greens with classic watercress flavor. The leaves express more as individuals than a true watercress.

**SALADS • PROTEINS**



## WACKY PEAS™

Prominent tendrils create a sculptural visual experience with delicious sweet pea flavor. Holds up well under mild heat.

**SOUPS • SALADS • PROTEINS**





### **MICRO AMARANTH**

Amazing magenta color with a subtle earthy flavor that comes off as grassy with a slight resemblance of beets.

**PROTEINS • PASTRY • COCKTAILS**



**HF**

### **MICRO ARUGULA**

Crisp, tender greens with a peppery and nutty flavor that is the essence of arugula. A wonderful addition to pasta dishes.

**SALADS • PASTAS • PROTEINS**

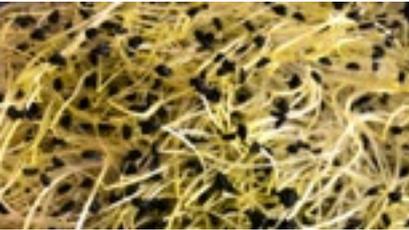


**HF**

### **MICRO BASIL**

Classic Italian basil flavor with uniquely floral accents that leave a lasting and pleasant tingle on the tongue.

**SALADS • PASTAS • PROTEINS**



### **MICRO BLONDE SCALLION**

Traditional scallion flavor with wispy golden stems. The seed pods remain on top for a striking contrast in color.

**HERB BUTTERS • SOUPS • PROTEINS**



### **MICRO BULL'S BLOOD BEET**

Sanguine stems and leaf veins are major eye catchers. The flavor, more subtle is the mild earthiness of beets.

**SALADS • PROTEINS • PASTRY**



**HF**

### **MICRO CHERVIL**

Graceful green with a sweet anise flavor and feathery, fern-like leaves. Flavor falls between parsley and licorice.

**SALADS • PASTAS • PROTEINS**

# CLEARWATER CUT™: 4 + 8 OZ CLAMSHELLS

*Harvested and packed for your convenience.*



**HF**

## **MICRO CILANTRO**

A citrusy, floral combination of cilantro and coriander flavors makes the mouth water and sets it apart from your typical cilantro.

**SALADS • PROTEINS**



**HF**

## **CORN SHOOTS**

Opened blades of young corn plant. Stevia-like sweetness with a slight hint of bitter on the backend.

**SALADS • SOUPS • PROTEINS**



## **CORN SPEARS**

Thin spears of the young corn plant before it has begun to open its true leaves. Incredibly sweet and crunchy.

**SALADS • SOUPS • PROTEINS**



## **MICRO CUCUMBER**

Broad, deep green leaves with a succulent-like crunchy texture and mild cucumber flavor.

**SOUPS • PROTEINS**



**HF**

## **MICRO MUSTARD, HOT**

Intense, spicy brown mustard flavor in a pure lime green microgreen. Heat builds as more is eaten.

**SUSHI • PROTEINS**



**HF**

## **MICRO MUSTARD MIX**

An intense blend of red and green mustard with beautiful contrasting color. A spicy wasabi horseradish punch hits the tongue.

**SALADS • PROTEINS**

# CLEARWATER CUT™: 4 + 8 OZ CLAMSHELLS

*Harvested and packed for your convenience.*



**HF**

## MICRO PARSLEY

Refreshing parsley flavor in the form of tiny, delicate microgreen size. Leaves are flat and broad.

**HERB BUTTERS • SOUPS • PROTEINS**



## MICRO RADISH, DAIKON **BULK 1# AVAILABLE**

Robust, crunchy greens with a serious spicy nasal essence-of-radish kick. Adds a fresh, spicy taste to fatty meat dishes.

**SALADS • PROTEINS**



**HF**

## MICRO RADISH, RED RAMBO

Eye-catching, deep purple leaves and stems with classic pungent and spicy radish flavor that hits the sinuses.

**SALADS • PROTEINS**



**HF**

## SUNFLOWER SHOOTS **BULK 1# AVAILABLE**

Robust, succulent greens that have a bit more presence than some of the others. Nutty, earthy flavor with a pleasing crunch.

**SALADS • SANDWICHES • PROTEINS**



## SWEET PEA SHOOTS **BULK 1# AVAILABLE**

Bright green, tender young shoots of a pea plant. Larger, with a taste that is very similar to a sugar snap pea.

**SALADS • SANDWICHES • PROTEINS**

# MULTI-MICRO™: SECTIONED MULTI-PACKS

*Five 2.5 oz compartments for big variety without big quantity.*



## MULTI-MICRO™ BASE

**Harvest Mix Edible Flowers:** A fifty-count mix of our best of the season flowers.

**Micro Bulls Blood Beet:** Sanguine stems and leaf veins are major eye catchers. Flavor is a mild earthy beet.

**Micro Booya Mix:** A highly colorful blend of premium microgreens.

**Wacky Pea Tendrils:** Prominent tendrils create a sculptural visual experience with delicious sweet pea flavor.

**Sunflower Shoots:** Robust, succulent greens with a nutty, earthy flavor and a pleasing crunch.



## MULTI-MICRO™ CLASSIC

**Begonia Flowers:** Fifty pink and pink-red blossoms with tart Granny Smith apple-like flavor.

**Micro Blonde Scallion:** Traditional scallion flavor with wispy golden stems. The seed pods remain on top for a striking contrast in color.

**Micro Chervil:** Graceful green with a sweet anise flavor and feathery, fern-like leaves. Flavor falls between parsley and licorice.

**Micro Mirepoix Mix:** A spin on the classic herb combination, our Mirepoix is a premium living blend of celery, carrot and scallion microgreens.

**Sweet Pea Shoots:** Bright green, tender young shoots of a pea plant.



## MULTI-MICRO™ FUSION

**Okinawa Spinach:** Bi-color green and bright purple leaves with a succulent-like chew and nutty spinach flavor.

**Micro Asian Green Mix:** Dynamic mix featuring a variety of asian greens such as mizuna, cabbage, tatsoi and shungiku.

**Micro Cilantro:** A citrusy, floral combination of cilantro and coriander flavors that sets it apart from your typical cilantro.

**Micro Shiso:** Incredible cumin flavor with subtle notes of cinnamon and clove.

**Micro Hot Mustard:** Spicy brown mustard heat with lime green-colored leaves.

**Booya.**



# CLEARWATER CUT™: 4 + 8 OZ MIXES

*Premium, flavorful and consistent.*



## MICRO ASIAN FLARE™

A spicy asian flair of microgreens that includes shungiku, cilantro, nasturtium, mizuna and more. Addictively spicy.

**SALADS • SOUPS • SUSHI • PROTEINS**



## MICRO BIV BLEND™

All-purpose microgreen blend meets blue, indigo and violet flower petals. Part of our ROYGBIV collection.

**SALADS • PROTEINS**



## MICRO BOOYA MIX™

A highly colorful blend of microgreens. This mix contains many of our premium offerings and is a great choice for garnish.

**SALADS • SOUPS • SUSHI • PROTEINS**



## MICRO GREEN MIX™

Similar to our Micro Booya Mix without some of the extra flash. This mix is a collection of mildly flavored brassicas with a pop of color.

**SALADS • SOUPS • SUSHI • PROTEINS**



## MICRO RED BLEND™

A blend of amaranth, bulls blood, red vein sorrel and more. Part of our ROYGBIV collection.

**SALADS • PROTEINS • SUSHI**



## MICRO TANGO BLEND™

A dance of both microgreens and flowers. This mix is similar to our Micro Booya Mix but with the addition of flowers and florets.

**SALADS • PROTEINS**



# NEXT LEVEL™: EDIBLE FLOWERS

*Beautiful, hand-picked and elegant.*



## HARVEST MIX

Our best of the day flower mix. This colorful mix always represents the best the season has to offer and will include a variety of flowers.

**50 COUNT/200 COUNT CLAMSHELL**



## BEGONIA

Pink and pink-red blossoms with tart Granny Smith apple-like flavor. Varietals may change throughout the season.

**50 COUNT CLAMSHELL**



## DIANTHUS

Quarter sized leaves with ruffled edges in a wide variety of colors. Flavor is slightly grassy and herbal.

**50 COUNT CLAMSHELL**



## MARIGOLD

Larger, vibrantly colored orange and yellow flowers. Flavor is spicy and slight bitterness can be removed by harvesting petals,

**50 COUNT CLAMSHELL**



## SNAPDRAGON

Larger, slightly bitter flowers that offer a significant plate presence. Similar in function to your traditional Orchid.

**50 COUNT CLAMSHELL**



## VIOLA/PANSY MIX

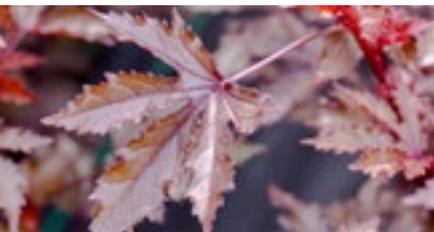
Flowers of various sizing with a minty and slightly grassy flavor. Float well for garnishing cocktails or mimosas.

**50 COUNT/100 COUNT CLAMSHELL**



# **NEXT LEVEL™: SPECIALTY CUTS**

*Unique, elevating quality for your dishes.*



## **CRANBERRY HIBISCUS**

Burgundy red leaves with a crisp texture and cranberry-like flavor and tartness. Leaves can be used whole or separated in pieces.

**50 COUNT/100 COUNT CLAMSHELL**



## **CRYSTAL ICE PLANT**

Jewelry-like shiny leaves with a slightly salty and citrusy flavor and succulent texture. A significant juiciness.

**25 COUNT/50 COUNT CLAMSHELL**



## **EMERALD ICE PLANT**

Petite leaves with a slightly salty and citrusy flavor and succulent texture. A significant crunch compared to other garnishes.

**25 COUNT/50 COUNT CLAMSHELL**



## **PETITE MINT TIPS**

Aromatic mints where only the top of the plant is harvested. Adds a delicate, fresh garnish to desserts and cocktails.

**100 COUNT CLAMSHELL**



## **NASTURTIUM LEAF, ALASKA**

Large green and cream variegated leaves that look great in salads as well as floating in soups and gazpachos.

**50 COUNT/100 COUNT CLAMSHELL**



## **OKINAWA SPINACH**

Bi-color green and bright purple leaves with a succulent-like chew and nutty spinach flavor.

**50 COUNT CLAMSHELL**

# HAVE YOUR CUSTOMERS BE INSPIRED BY WHAT THEY EAT

Together, we are a market-driven solution to poverty.

Every purchase supports our mission to create healthier and more prosperous neighborhoods by employing residents, at livable wages, in areas of concentrated poverty.



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